

Minutes Open Session	Pilot Fitness Committee Meeting	Date: December 3, 2013
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**PILOT FITNESS COMMITTEE MEETING
DECEMBER 3, 2013 – 9:30 A.M.**

Committee members present

K. Mike Miller, Chairman
 Capt. Joe Long, Commissioner
 BG Chet Ward, MD
 University of California Associate Clinical Professor Robert A. Kosnik, MD

Staff present

Allen Garfinkle, Executive Director
 Roma Cristia-Plant, Assistant Director
 Dennis Eagan, Board Counsel
 Sigrid Hjelle, Office Technician
 Kelly Dolcini, Staff Services Analyst

Others present

Capt. Pete McIsaac, Port Agent
 Ray Paetzold, San Francisco Bar Pilots General Counsel

1. Call to order and roll call

Chairman Miller called the meeting to order at 11:00 a.m.

2. Approval of minutes of the September 13, 2013 and October 12, 2013 Pilot Fitness Committee meeting

Chairman Miller called for a motion to approve the minutes of the September 13, 2013 and October 12, 2013 Pilot Fitness Committee meeting.

MOTION: General Ward moved to approve the minutes of the two meetings. Commissioner Long seconded the motion.

ACTION: The motion passed unanimously on a voice vote.

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3. **Report on status of pilot fitness rulemaking package and review by Office of Administrative Law. (Executive Director Garfinkle)**

Executive Director Garfinkle reported that the rulemaking package has gone to the Office of Administrative Law (OAL), which has 30 days to review it. Board staff can begin the contracting process and, once approval is given, the contract can be signed and work can begin.

4. **Progress report on Contracting with provider to.**

As it was incomplete, the Committee did not discuss this item.

5. **Review background materials relevant to fatigue study. Discussion of fatigue issues as they apply to mariners generally, to shift workers generally, and to the Board's licensees in particular. (Executive Director Garfinkle)**

Chairman Miller announced that he, Executive Director Garfinkle and Assistant Director Cristia-Plant participated in a phone conference with Dr. Mark Rosekind, a member of the National Transportation Safety Board. It was scheduled to last for an hour and went for 75 minutes. He described the conference as informative and reported that Dr. Rosekind had given several names and institutions who could conduct a study of the scope sought by the Fitness Committee. Chairman Miller reported that he had spoken with fatigue professionals and received some very high dollar figures and that Dr. Rosekind had advised the Committee not to "Re-invent the wheel" as much of the information sought already exists.

Dr. Kosnik advised the Committee that the study suggested would be very comprehensive and that a more general view could capture the information sought by the Committee. A discussion ensued of fatigue issues specific to the San Francisco Bar Pilots, work hours, circadian rhythm disruption, and fatigue mitigation measures already in place.

6. **Report on observation by Committee members of the California Maritime Academy Bridge Resource Management/Combination Course instruction concerning pilot fatigue.**

Chairman Miller reported that combination course attendance was a good exercise for Committee members.

Board Counsel Eagan commented that the presentation had given some good insight on how to reduce stress, which can affect sleep quality, by warning pilots about their next scheduled departure

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7. **Discussion of elements of a scope of work for an independent study of pilot fatigue issues as mandated by SB 1408. (All)**

Due to budget constraints, there is not sufficient funding to support a study of the effects of fatigue on San Francisco Bar Pilots until fiscal year 2015/2016. There was a discussion of submitting a budget change proposal, but the Committee did not determine to move forward at that time.

Assistant Director Cristia-Plant volunteered to work with CHP contracting staff to determine whether an intra-agency agreement could be established for working with researchers at NASA on the fatigue study.

7. **Public comment on matters not on the agenda**

Executive Director Garfinkle reported that he had been alerted by the Coast Guard that retired San Francisco Bar Pilot Capt. John Cota had applied for and been denied a federal Merchant Mariner Credential. He sued the Coast Guard to obtain his federal credential back, but the suit was dismissed by a federal judge who found that the USCG did not act arbitrarily and capriciously in denying him a license.

8. **Proposals for next month's agenda**

There were no proposals for next month's agenda.

9. **Adjournment**

There being no further business to come before the Committee, it adjourned at 11:13 p.m.

The Committee will meet again on January 14, 2014.

Prepared by: Kelly Dolcini