

Board of Pilot Commissioners for the Bays of San Francisco, San Pablo and Suisun

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**PILOT FITNESS COMMITTEE MEETING
February 15, 2011
MINUTES**

The Board of Pilot Commissioners Pilot Fitness Committee met February 15, 2011 at 9:00 a.m. at the Board of Pilot Commissioners office, Pier 9, Suite 102, San Francisco, California.

In attendance were Commissioner Roberts, presiding, and committee member Brigadier General Chester Ward, MD, MPH. Committee Barbara Price was absent. Members of the public present were Dr. Robert Kosnik of the University of California, Board President Knute Mike Miller, Executive Director Allen Garfinkle, Staff Services Analyst, Brian Vu and Office Technician, Kelly Dolcini.

Open Meeting-

1. Call to Order and Roll Call.

Chairman Roberts called the meeting into order at 9:17 a.m. General Ward was present, constituting a quorum.

2. Approval of minutes from January 12, 2011 meeting.

Chairman Roberts requested approval of the minutes of the January 12, 2011 meeting. General Ward seconded the motion with leave for staff to make clerical non-substantive changes. The motion passed unanimously on a voice vote.

**3. Status report of the study work plan as outlined within the contract with UC San Francisco.
Discussion of content and timeline for project completion.**

Dr. Kosnik reported to the committee that the work plan was nearing completion and that final editing would soon take place. The next question he posed would be if the committee wanted to include drug testing in the scope of the study.

At the previous Pilot Fitness meeting, there was a general discussion about drug testing and higher panel testing and Dr. Kosnik asked if the Board would want to consider a broader post-incident test that would test for medications defined in NVIC.

Chairman Roberts agreed with the rest of the committee that post testing was beneficial and inquired as to whether the pilots could be tested in conjunction with their yearly physicals.

Executive Director Garfinkle noted that this procedure would be ineffective due to pilots, who if were abusing medication and drugs, knowing the schedule and anticipating it.

In addition, Chairman Roberts stressed the importance of including the Port Agent in the work study, as it was the Port Agent's job to notify BOPC of positive tests.

General Ward made a motion to include in scope of the study, pre-employment and post-accident drug testing as well as DOT. Chairman Roberts seconded the motion which passed unanimously on a voice vote.

Dr. Kosnik stated that he would ideally have the completed work study by March. He suggested sending the committee the package encapsulating drug testing in two weeks to account for minor changes.

4. Discussion and review of forms to be included in eventual board recommendations.

Dr. Kosnik clarified the Notice for Review of Medication Medical Condition, or Medical Disability flowchart with the committee. The forms were nearly completed except for some minor notification changes.

5. Discussion of random and post accident drug and alcohol testing. Review multi-panel versus Department of Transportation (DOT) 5 Panel tests.

Chairman Roberts stated that the committee would need an approximate dollar amount for the anticipated program.

President Miller reported that the committee would need to utilize a market study which would have to be very specific in nature. Subsequently, the market study would be sent to Building, Transportation, and Housing which would send it to the Department of Finance which would then be sent to legislature for the appropriation of funds.

Dr. Kosnik stated using the number of pilots as a multiplier would help in setting up specific specifications.

The committee recommended putting this item on next meeting's agenda.

Chairman Roberts asked Executive Garfinkle to work with him to develop more specific parameters.

President Miller stated that as per BTH Deputy Counsel Morocz, anyone who makes a recommendation for BOPC precludes them from contracting for BOPC. President Miler stated that he would clarify this issue with Deputy Counsel Morocz and offered possible alternatives – contracting with the HMO that oversees UCSF, asking legislation for an exception, statute of limitations.

6. Public comment on matters not on the agenda.

The committee discussed budget impact, encompassing agility testing, medical review officer and board appointed physicians.

7. Proposals for additions to next committee meeting agenda.

Chairman Roberts and Executive Director Garfinkle would brainstorm specific parameters for a market survey. Chairman Roberts also instructed staff to find out how many physicals and number of changes in prescription medication.

8. Adjournment

The meeting was adjourned at 10:42 p.m.

Respectfully Submitted,



Brian Vu
Staff Services Analyst