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## PILOT FITNESS COMMITTEE MEETING October 12, 2013 MINUTES

The Board of Pilot Commissioners Pilot Fitness Committee met on October 12, 2013 at 8:00 a.m. at the California Maritime Academy Simulation Center, Vallejo, California. Chairman Knute Michael Miller presided over the meeting with Committee members Brigadier General Chester Ward, MD, MPH and University of California Associate Clinical Professor Dr. Robert Kosnik present. Members of staff present were Executive Director Allen Garfinkle and Board Counsel Dennis Eagan. Members of the Committee were present to attend the Fatigue Module of the Board of Pilot Commissioners Combination Course offered as one segment of the licensee mandatory continuing education training.

### 1. Call to Order and Roll Call.

Chairman Miller opened the meeting by thanking the participants and members of the academy staff for allowing the members of the Pilot Fitness Committee to attend the session. He introduced the Committee members to the participants and then turned the floor over to Kevin Gregory, Vice President/Senior Scientist at Alertness Solutions who was presenting the course.

# 2. Participate in fatigue module of Combination Course offered as part of the Board mandated training to San Francisco Bar Pilots.

Members of the Committee were in attendance while Kevin Gregory presented the fatigue module portion of the combination Course.

### 3. Public Comments on matters not on the agenda.

There were none.

### 4. Proposals for additions to next committee meeting agenda.

There were none.

#### 5. Adjournment

The meeting was adjourned at 11:05 a.m.

Respectfully Submitted,

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Allen Garfinkle, Executive Director