

**Board of Pilot Commissioners for the Bays  
of San Francisco, San Pablo, and Suisun**

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September 30, 2019

**NOTICE OF  
PILOT FITNESS COMMITTEE  
MEETING**

The Pilot Fitness Committee (Committee) of the Board of Pilot Commissioners for the Bays of San Francisco, San Pablo, and Suisun (Board) will meet on Tuesday, November 19, 2019, at 9:30 a.m. at the Board office located at 660 Davis Street, San Francisco, California. The agenda items are listed below.

The meeting will be public. This meeting is accessible to the physically disabled. A person who needs a disability-related accommodation or modification in order to participate in the meeting should call the Board office at (415) 397-2253, or write to the Board at the above address. Providing your request at least five (5) business days before the meeting will help ensure availability of the requested accommodation.

Other Board members may be present at and may participate in the Committee meeting. However, final Board action on any item before the Committee will only be taken at a separately noticed public Board meeting.

BOARD OF PILOT COMMISSIONERS

A handwritten signature in blue ink, appearing to read 'Allen Garfinkle'.

Allen Garfinkle  
Executive Director

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This notice and agenda may also be found on the Board's website:  
[www.bopc.ca.gov](http://www.bopc.ca.gov)

**Board of Pilot Commissioners  
for the Bays of San Francisco, San Pablo, and Suisun  
Pilot Fitness Committee Meeting  
Tuesday, November 19, 2019 at 9:30 a.m.**

**MEETING AGENDA**

**OPEN MEETING**

1. Call to order and roll call. (Chair Miller)
2. **Approval of the minutes of Committee meeting held on August 21, 2019.**  
(Chair Miller)
3. Continue the review and discussion of the July 2018 San Francisco Bar Pilot Fatigue Study produced by San Jose State University Research Foundation and the National Aeronautics and Space Administration, the identification of key recommendations appropriate for incorporation into regulations, and the development of a fatigue risk management policy.  
**Possible recommendation to the Board to approve recommendations for a fatigue risk management policy from the Committee from which fatigue mitigation regulations will be drafted, and to direct the Committee and Board staff to commence draft regulation writing.** (Committee Members and Board staff)
4. Report on the pilot and trainee fitness determination process involving the Division of Occupational & Environmental Medicine at the University of California, San Francisco Campus. (Executive Director Garfinkle)
5. Public comments on matters not on the agenda.
6. Schedule the next Committee meeting, and proposals for items on the next meeting agenda.
7. Adjournment.